

## **Homeopathic Viagra!!**

**Impotence affects an estimated 18 million men in the U.S. alone. Viagra and Levitra has become a household name due to its marketing campaign. But look out, there will be more rival marketing as its new improved competitor has been approved by the FDA. Known to the French as “Le Weekend”, Cialis (pronounced “SEE-Alice) is nicknamed “The Weekender” because its effects can last as long as 48 hours.**

**All three drugs work by blocking an enzyme called PDE-5, a natural chemical that's part of the chain of chemical messages that tell a man's erection to go away. However, Viagra and Levitra sometimes block a sister chemical -- PDE-6 -- that affects color vision. Some men report a slight bluish tinge to their vision; some become more sensitive to light. These effects go away in a few hours. Cialis has a different side effect. It blocks PDE-11, which is found in many parts of the body including the smooth muscles of the internal organs, the heart, skeletal muscles, the pituitary gland, and in the germ cells of the testes. So far, Cialis seems to have no harmful effect on these tissues. But PDE-11 may be involved in Cialis' most troublesome side effect: Back pain.**

**Even with these known and other unknown side effects, these drugs are reaping millions for the manufactures because so many people are buying**

**them. The problem is that Viagar and its rivals do not cure erectile dysfunction it only masks the condition. We were all taught long ago that our biggest sex organ is our brain. For a man to be considered impotent brings about a myriad of issues. Impotence is experienced as the negation of everything considered masculine, not only the ability to perform sexually but the ability to be assertive, to lead and compete, to be in control. Erectile problems involve a subtle interplay of physical and emotional factors in addition to his sexual relationship history; because of this each man should be evaluated individually.**

Homeopathy is one of the few therapies that does prescribe individually. There are numerous homeopathic medicines to consider, certain constitutional remedies are used more often for patients with impotence such as *Agnus castus*, *Caladium* and *Lycopodium*. It is essential to identify how the patients' physical condition relates to his emotional health. This will give the homeopath a symptom picture on which to prescribe. When a homeopathic remedy is given, the patient can expect an overall improvement in health, including the impotence.

Here are some of the more commonly used medicines in cases of impotence, along with their indications.

**Agnus castus:** This remedy may be helpful if problems with impotence develop after a man has led a life of excess of alcohol, drugs and sex. It could be a situation of an overly experienced husband who finds himself impotent with his new young wife. **A cold sensation felt in the genitals is a strong indication for *Agnus castus*. People who need this remedy are often very anxious about their health and**

**loss of abilities, and may have problems with memory and concentration.**

**Caladium:** This remedy may be helpful to a man who have a strong craving for tobacco. **His genitals are completely flaccid, despite having sexual interest. Nocturnal emissions can occur without an erection, even if dreams are not sex-related. There also maybe coldness and itching of the genitals.**

**Lycopodium:** This person functions normally with a new partner but later notices he lacks the original excitement and finally develops impotence. Alternatively, he can be aroused by other women. Because of this, he is prone to sexual promiscuity and adultery. This person may also experience premature ejaculation. They often lack self-confidence (though some may overcompensate by acting egotistically). Physically, there is lots of gas and rumbling in the abdomen, graying of the hair and herpes.

**Causticum:** This remedy may be indicated if physical pleasure during sex has diminished and sexual urges are reduced. The person feels tired and weak, and may experience memory loss, with a compulsive need to check things (to see that doors are locked, etc.) Prostate problems may be associated with impotence, and urine may be lost when the person coughs or sneezes.

**Conium:** Good for people who are emotionally closed or hard. Pathologically we usually see tumors or indurations of glands. For men, it is useful in impotency due to constant nightly emissions. There is also premature ejaculation, even during foreplay. Prostatic enlargement and discharge of fluid.

**Graphities:** It is a most useful remedy for impotency following secret vice and sexual excesses.

**Selenium:** This remedy is often helpful to men who have diminished sexual ability, especially if the problem starts after a fever or exhausting illness. The person feels

weak and exhausted, but interest is usually still present. Unusual hair-loss (body hair or eyebrows) can also suggest a need for *Selenium*. Erotic thoughts with impotency.

**Staphysagria:** Gentle-natured, quiet men with deep emotions may respond to this remedy. Problems with impotence often occur from embarrassment or shyness. People who need this remedy often have a history of emotional suppression and very sensitive feelings.

Written by: Dr. Lynn Comeau, DNM, RNP, HMA, ChH Call 519-330-0120 for your appointment to better health.