

Calling all the Wonderful Women out there! Would you love to finally:

- find the man of your dreams?
- Improve your relationships?
- Lose that extra weight?
- Move past old hurts or negative patterns?
- Make dietary or lifestyle changes?
- Reduce stress?

THE SIMPLE TRUTH:

You may think this is the most prominent challenge you are facing.

(If I only had “X” I would be happier, more content, excited about life etc.)

HOWEVER:

The root of ANY issue in your life, is how you truly feel about yourself and the perspective you have of the world around you.

AUTHENTIC U CAN MAKE THE DIFFERENCE FOR YOU

Take an honest look at how you create your own reality: The language you use, the beliefs you have, and the habits you’ve formed. Peel it all away and you are left with your *Authentic self* and nothing but endless possibilities to create whatever it is you desire.

Through guided meditation, creative exercises, and playful conversation, Empowerment Coach Jennifer Weiss will aid you in creating a vision of what's possible and then provide powerful guidance and support, calling you forward to take action and manifest things into reality!

SPRING IS ON THE WAY!

Now is the time to plant the seeds of what you want to grow for yourself throughout the coming year.

For the month of March, **BOOK A COMPLEMENTARY 30 MIN SESSION** to discover what is possible for you and receive **10% OFF** of your first 5 full sessions - a **savings of over \$50**.

HOW SOON "NOT NOW" BECOMES NEVER

Call the centre today and book your complementary session. Those 30 minutes have the power to transform your life.

Appointments are available by phone, or in person in Sarnia and London.

Centre: (519) 336-7944 Jennifer Weiss & Authentic U Direct: (519) 520-0212

www.authenticu.ca